



# Sports Concussion Clinic

Northwest Arkansas' Only Comprehensive Concussion Team

519 Latham Dr. • Lowell, AR 72745

[CentersForChildren.org/Lowell](http://CentersForChildren.org/Lowell)

## WHAT IS A CONCUSSION?

A concussion is a type of brain injury that changes the way the brain normally works. A concussion is caused by a bump, blow or jolt to the head. Concussion can also occur from a blow to the body that causes the head and brain to move rapidly back and forth. Even what seems to be a mild bump to the head can be serious.

The Concussion Clinic provides complete care for kids who have suffered a possible concussion/traumatic brain injury. After a thorough and individualized evaluation, we work with kids and everyone involved in their care to help return to school and sports in the safest and most efficient manner possible.

## SYMPTOMS

### PHYSICAL

- Headache
- Balance problems
- Blurred vision
- Dizziness
- Nausea/vomiting
- Lack of energy
- Sensitivity to noise/light

### THINKING/REMEMBERING

- Difficulty thinking clearly
- Feeling slowed down
- Trouble concentrating
- Difficulty remembering new information

### EMOTIONAL/MOOD

- Irritability
- Nervousness
- Sadness
- More emotional

### SLEEP

- Sleeping more than usual
- Sleeping less than usual
- Trouble falling asleep

## SERVICES

- ✦ Baseline testing
- ✦ Comprehensive evaluation
- ✦ Treatment
- ✦ Support and follow-up care
- ✦ Education and professional development
- ✦ Consultation services



For more information or to schedule an appointment

**(479) 750-0125**